

This is the Bear and the Scary Night

23rd November 2020

Wake and Shake

- Every morning- start with this wake and shake

<https://www.youtube.com/watch?v=rdDib6tp-Do>

Literacy- Monday

- Read the sight words

this on is

Our reading strategies

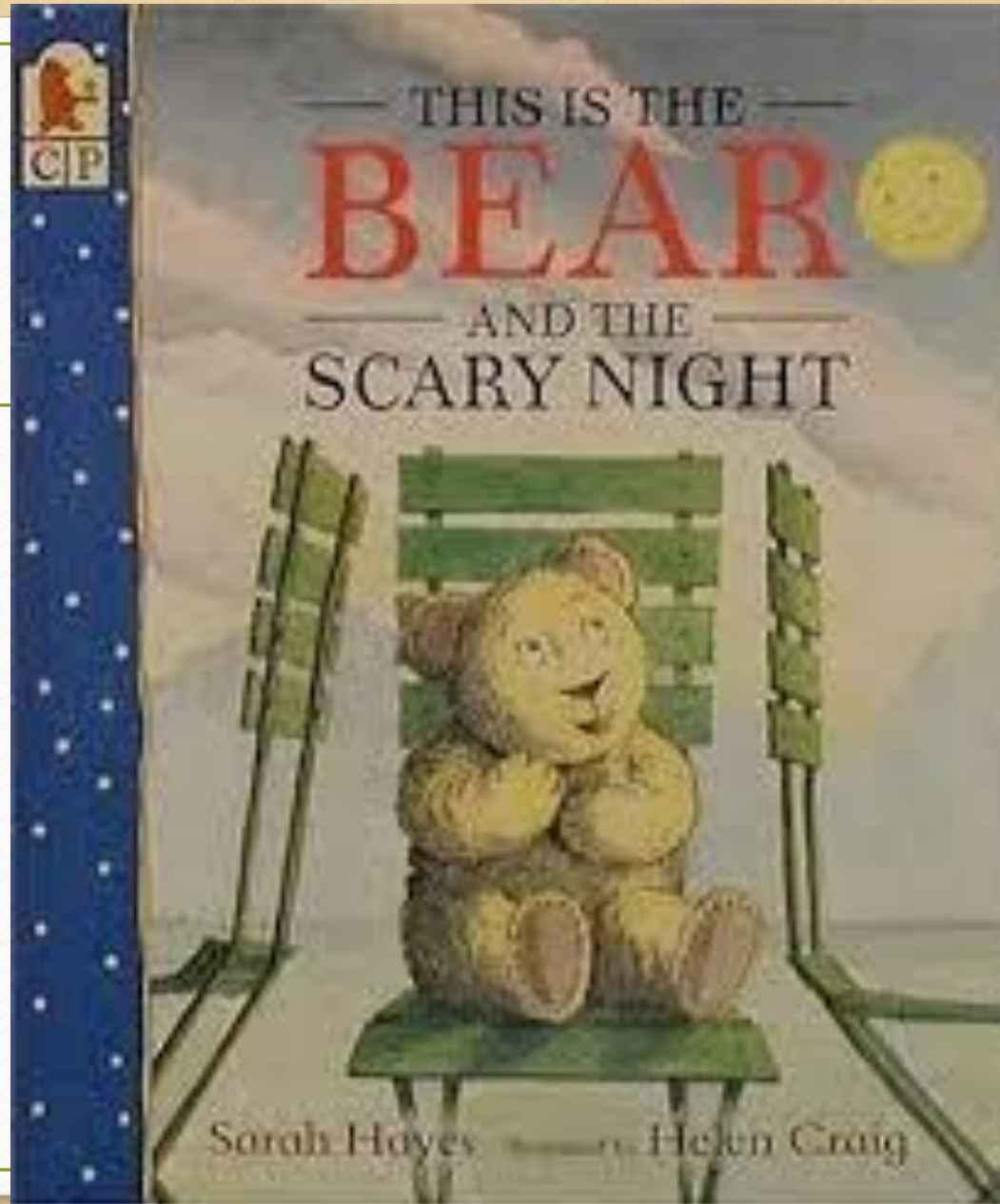
Use the following strategy to help your child to read unfamiliar words

“I can look at the first letter, make the sound and cross check with the picture”

OR

“Look at the letters, make the sounds, blend the sounds together”

- ◆ Point to the title and ask what is this?
- ◆ Ask "What do you call the person who writes the book?"
(author)
- ◆ Ask "What do you call the person who draws the pictures in a book?"
(illustrator)
- ◆ Where does your reading finger go when we read?
(under the word)



- ◆ Read the title of the book twice then ask your child to read it.
- ◆ Ask "What can you see on the front cover?"
- ◆ Ask "What do you think the book is about?" Encourage them to use the sentence "I think the book is about...."



This is the boy
who forgot his bear



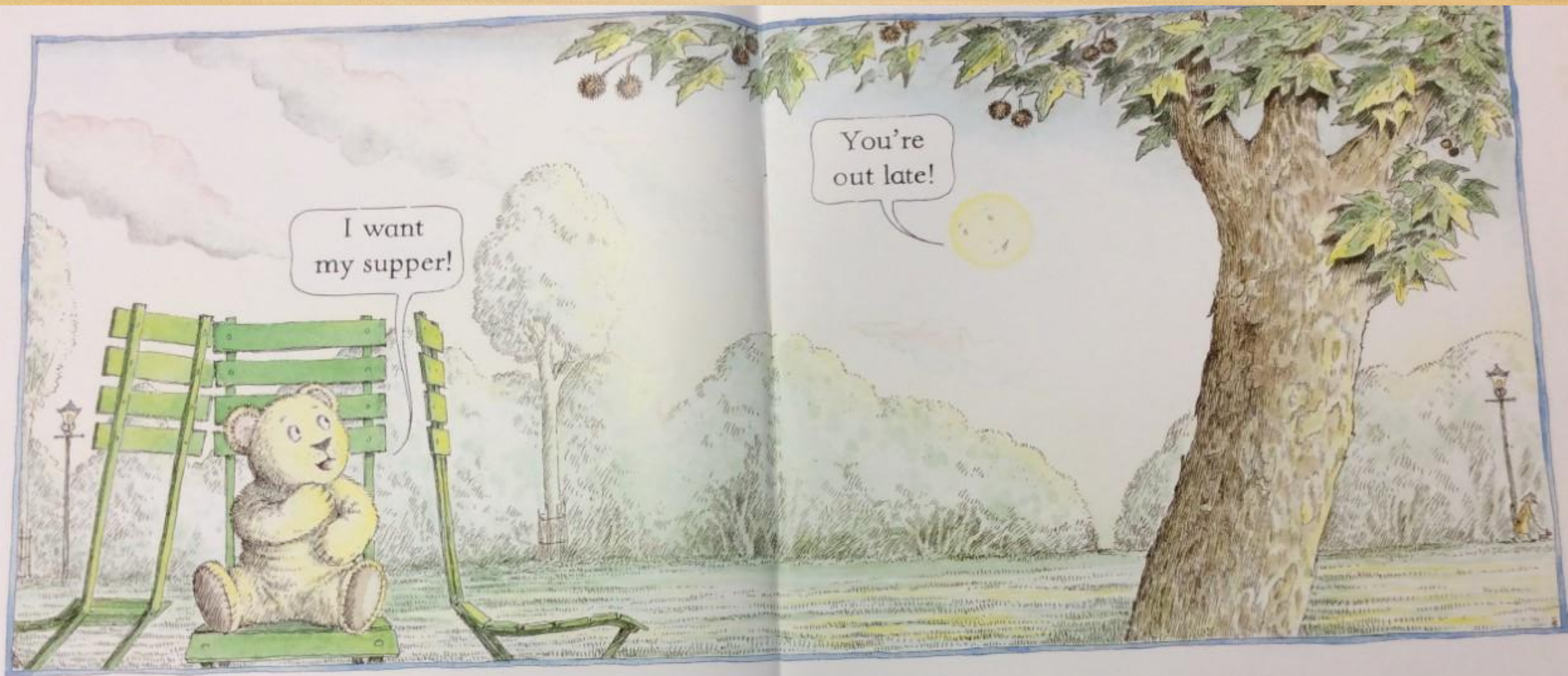
and left him behind
in the park on a chair.

Stop at the word **bear**
and say *I can't read
this word. What can I
do?*

*Encourage them to say
the following strategy*

*"I can look at the first
letters, make the
sound and cross check
with the picture.*

b-b-b bear



This is the bear
who looked at the moon

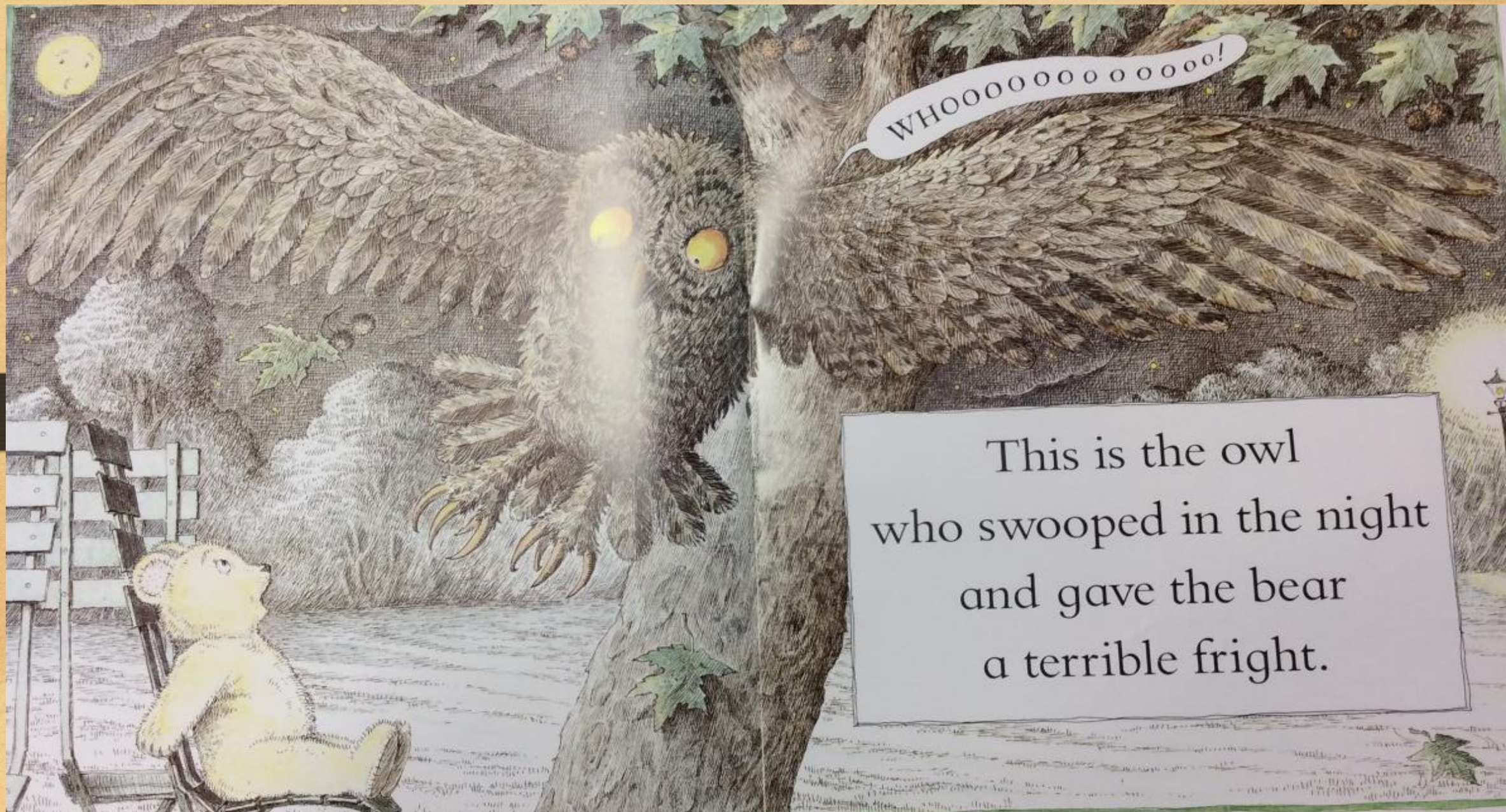
and hoped the boy
would come back soon.



This is the bear
alone in the park.

I'm not scared.

These are the eyes
which glowed in the dark.



WHOOOOOOOOOOOO!

This is the owl
who swooped in the night
and gave the bear
a terrible fright.

Questions

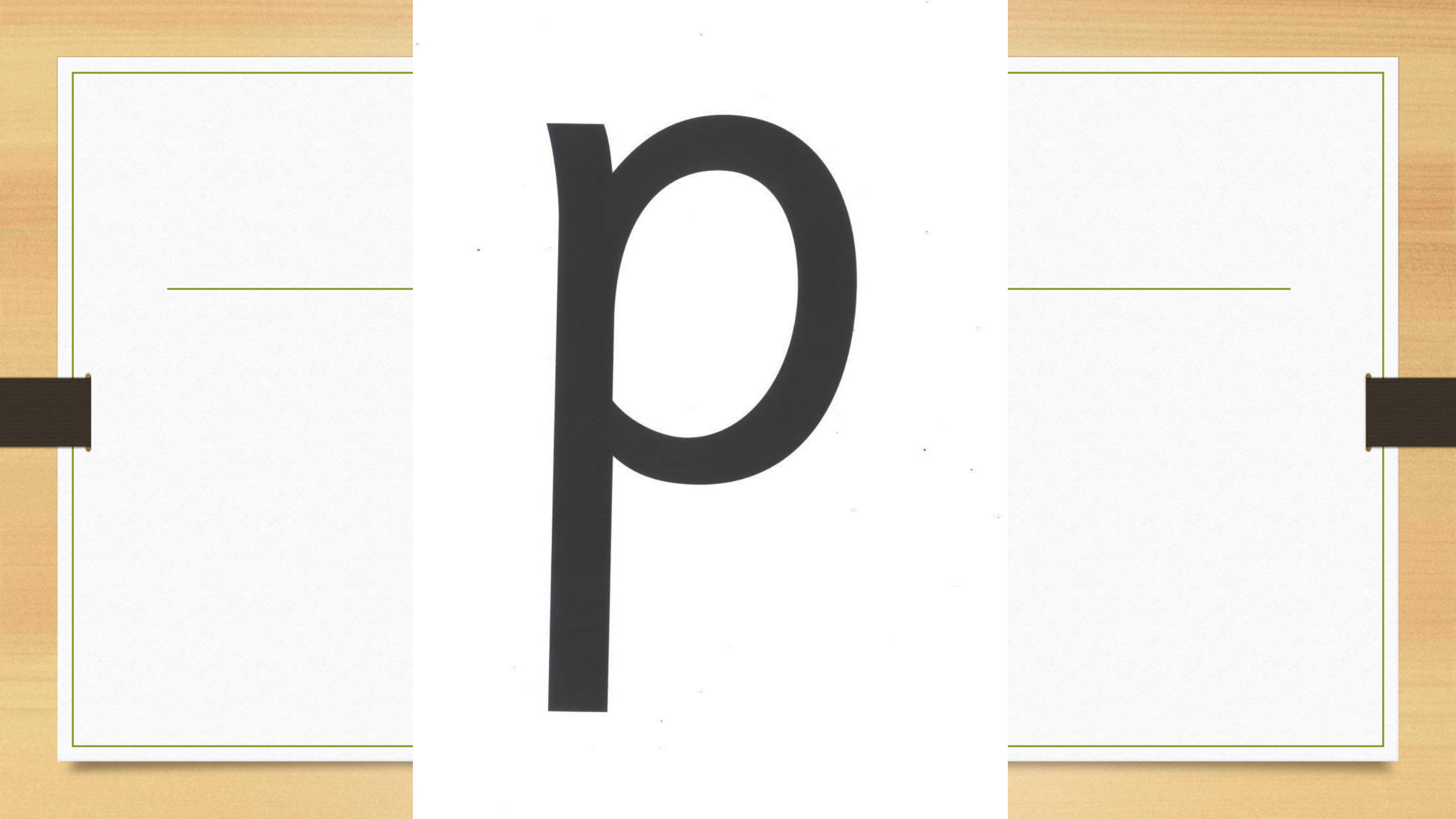
- Why do you think the boy left his Teddy behind?
- Where did the boy leave the teddy? Find the word
- What was the teddy thinking when he looked at the moon? Find the sentence.
- Why?
- What were the eyes doing? Find the word – glowed – what does that mean?
- Which word tells us that the bear was scared?
- Predict - What do you think is going to happen next? I think.....

Phonics- Sound Recap

- Show the grapheme on the next slides and ask your child to say the sound

n

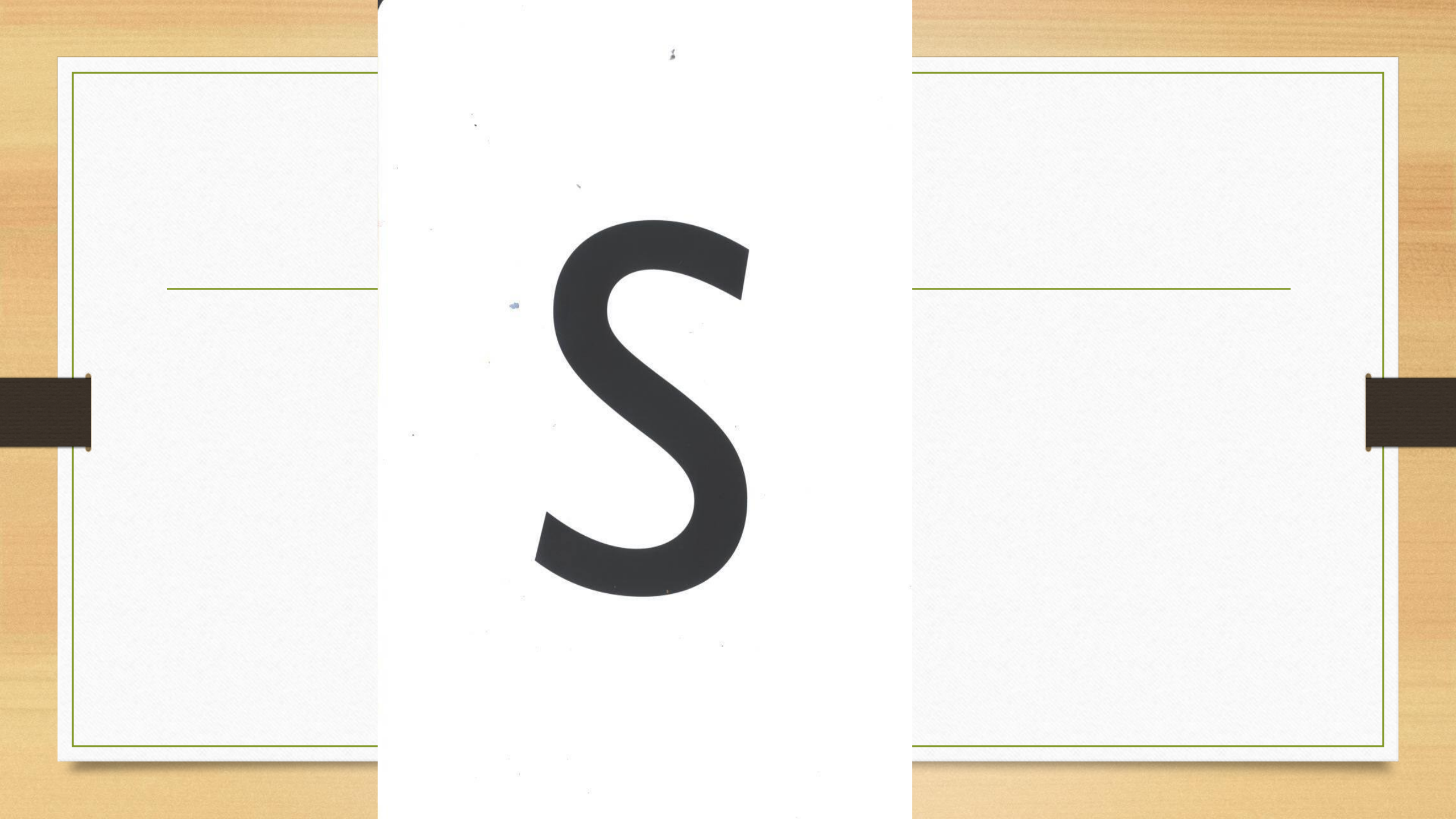
j



d

t

m



S

a

Phonics- Phase 2 - g

Follow the video from 2.30 until 6.00

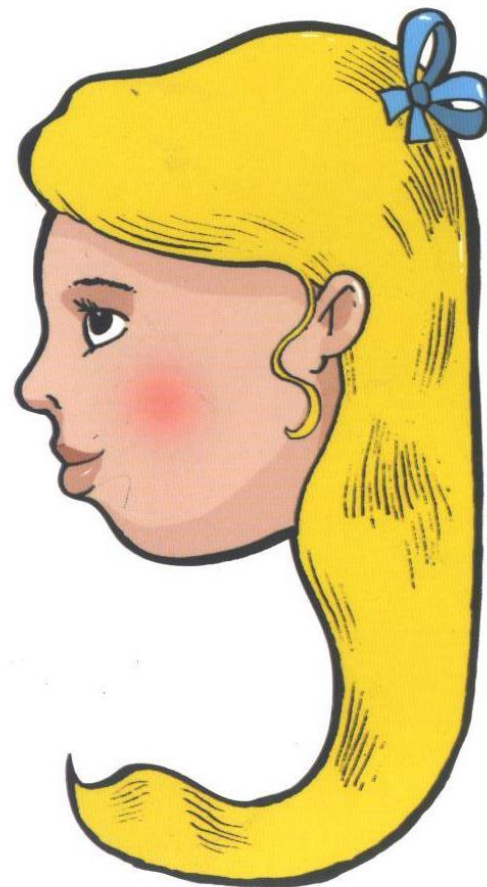
<https://www.youtube.com/watch?v=R6cOcSJLXo0&list=PLuGr6z2H2KNGLy2Tckcy8Kk8u10mXgcmi&index=46>

Stop at 6.00. Use the video below to form the letter g. Ask your child to practice writing the 'g' on a whiteboard or some paper.

<https://www.youtube.com/watch?v=cAJSp4kK1MA>

Using the reading strategies have a go at reading the words on the next slide

g



dig

t a g

gap

ping

Have a go at reading the sentence below using
the reading strategy

A pig sat in the pit.

Monday- Maths- Number 7

Watch the following lesson and encourage your child to participate and join in.

<https://classroom.thenational.academy/lessons/recognising-and-counting-numbers-within-7-6hh38c?activity=video&step=1>

Reading

- Visit <https://home.oxfordowl.co.uk/reading/free-ebooks/>
- Scroll down till you see Browse by Oxford Level
Select [Oxford Level 1+](#) | Book Band: Pink
- You will need to create a login to access the books on the website.
- Encourage your child to read along using the reading strategies.

Understanding the World

Keeping Healthy

<https://www.youtube.com/watch?v=UxnEuj1c0sw>

Watch the video and then ask your child what they can remember

How can you stay healthy?

Reading- Go Wash Up - Keeping Clean

- Watch and read along with the story (Go Wash Up - Keeping Clean)
- <https://www.youtube.com/watch?v=xLQkhaHC3vM>

Tuesday- Literacy

- Read the sight words
-

this on is

- Recap the story of 'This is the bear and the Scary night. What happened yesterday in the book?



Oh no!

These are the claws
which couldn't hold on.
And this is the bear
who fell ...



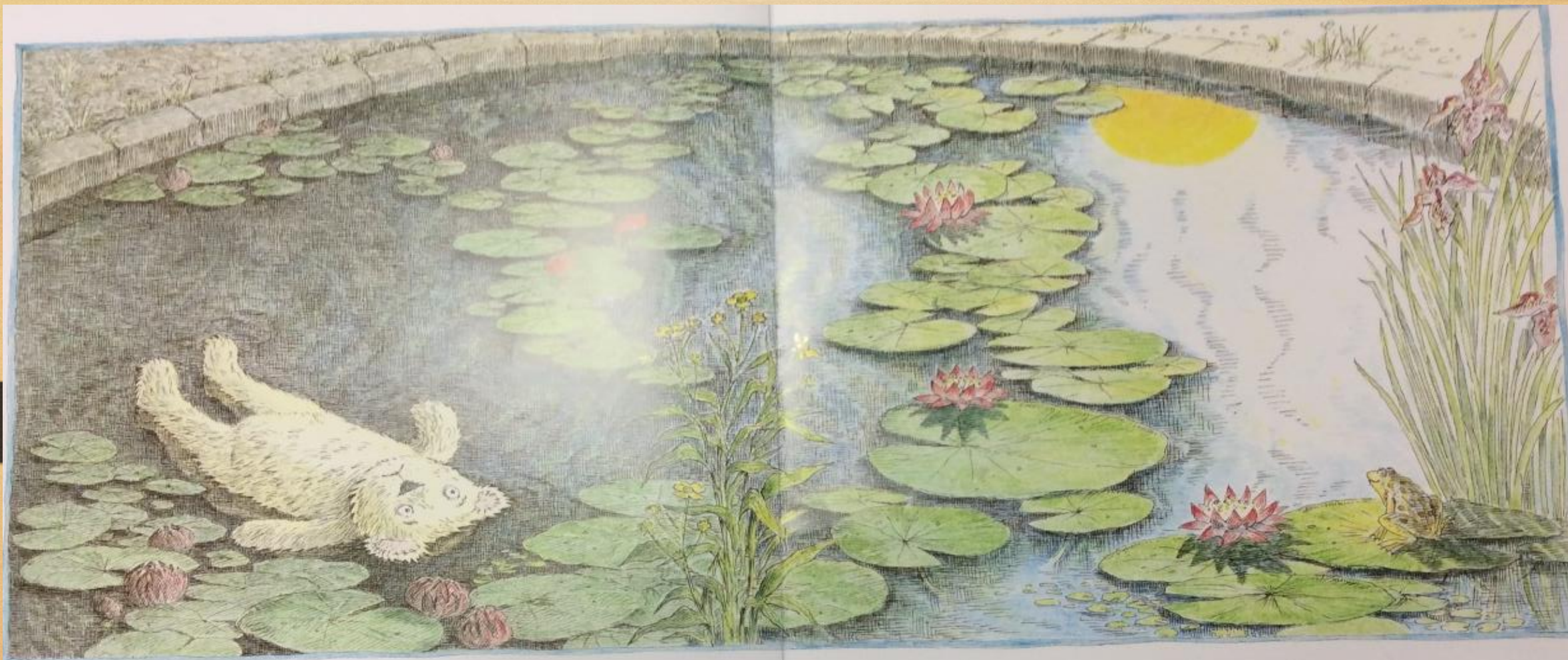
Oh no!

into ...



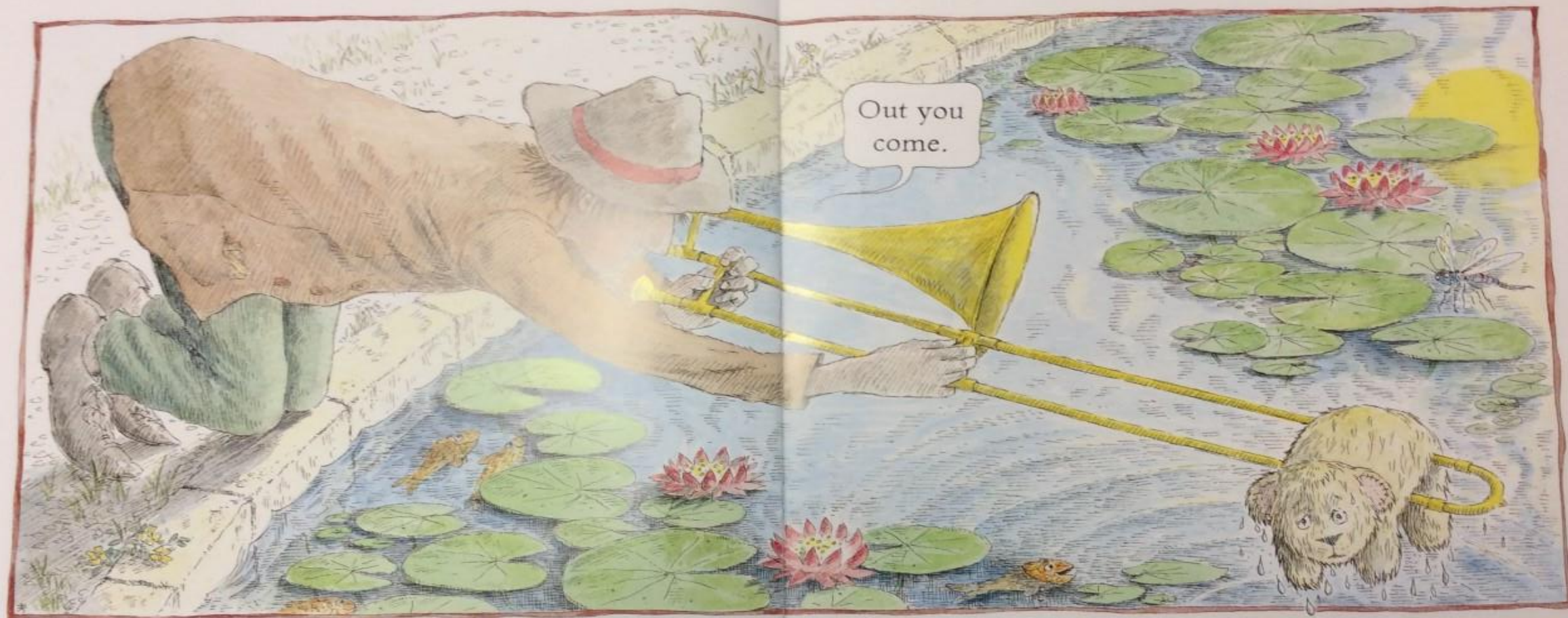
SPLASH!

the pond.

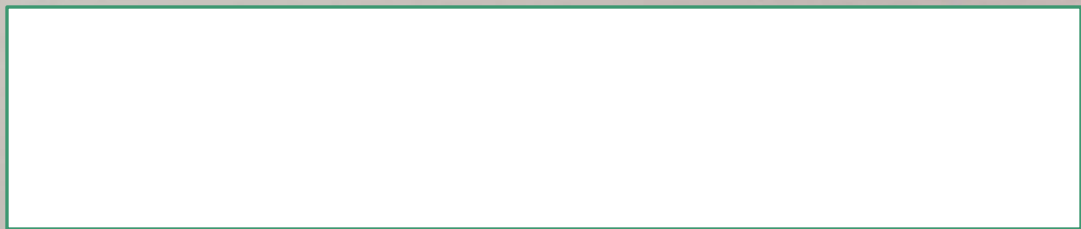


This is the bear
who floated all night.

This is the dark
which turned into light.



This is the man
with the slide trombone



Questions

- Why do you think the owl couldn't hold on to the bear?
- How long did the bear float? Find the phrase.
- Who rescued the bear from the water? Find the sentence.
- What do you think the man will do with the bear?

Tuesday- Maths- Subtraction

- <https://classroom.thenational.academy/lessons/understanding-the-concept-of-subtraction-as-take-away-part-1-cmu32r>

Phonics- Tuesday

Phonics- Phase 2- o

-
- Follow the video- Start at 3.00 minutes and stop at 6.00 minutes

<https://www.youtube.com/watch?v=w0GvbRAYqpU&list=PLuGr6z2H2KNGLy2Tckcy8Kk8u10mXgcmi&index=45>

Stop at 8.50 and use the video for the formation of 'o' and practise on a whiteboard

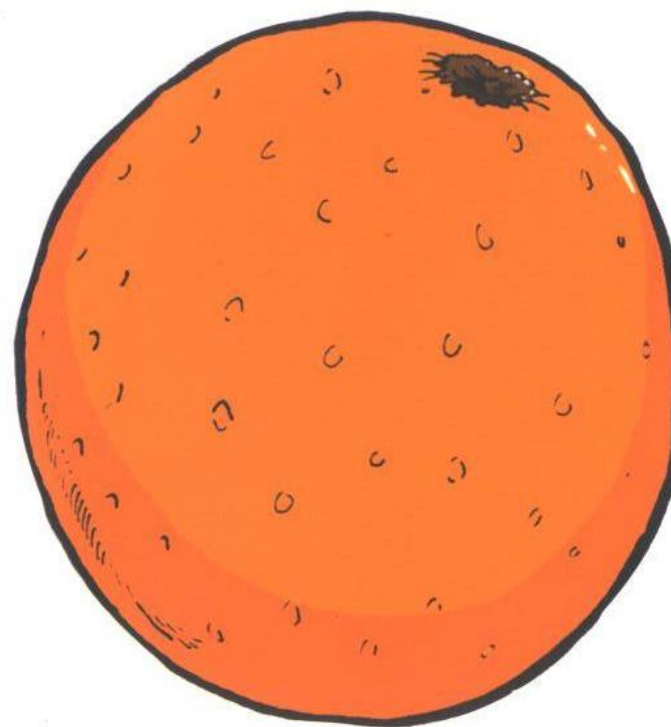
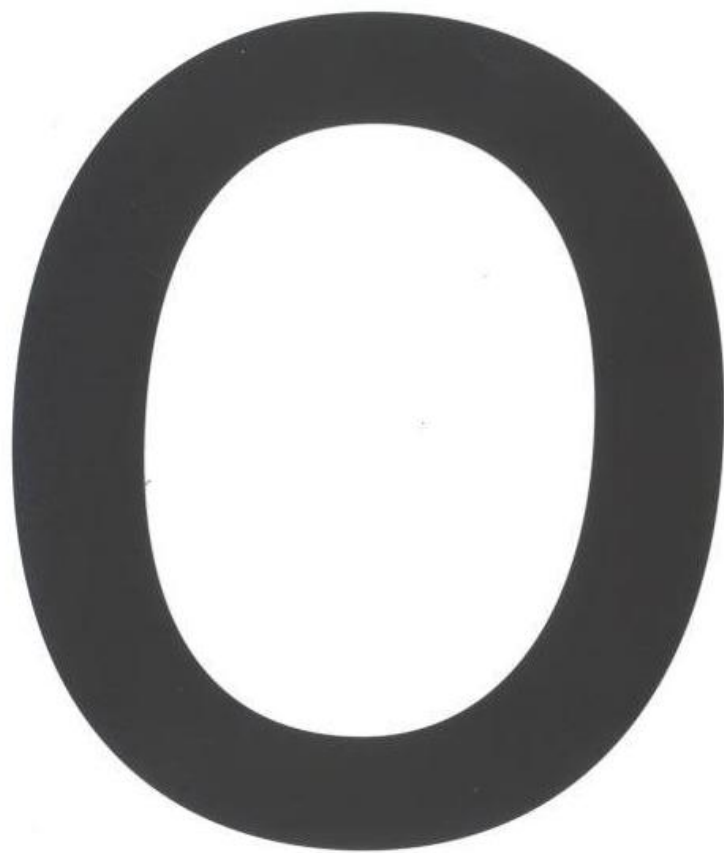
<https://www.youtube.com/watch?v=28OhIEazOJI&list=PLxhkRgeJL9AI-DvP374cTqdd7Wk1Kxa9M&index=7>

Resume video at 8.50 and continue the phonics lesson

Then ask your child to write the following words by using the strategy (say the word, robot the word, write the word)

got, top, dog, pop

Then on the next slide ask your child to read the sentence



Read the sentence:

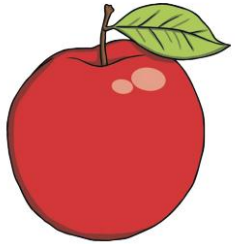
Pat a dog

Art and Design

healthy food

From a magazine can you cut and make your own healthy plate or sort them into healthy and unhealthy food.

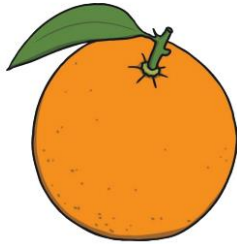
You may print and use the pictures on the next slide



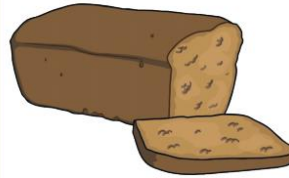
apple



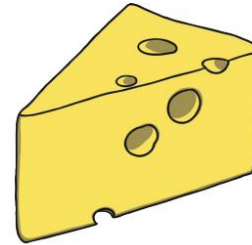
chips



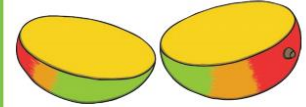
orange



bread



cheese



mango



chocolate



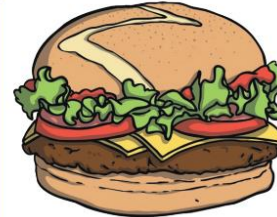
cake



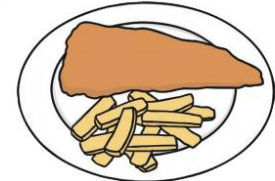
pizza



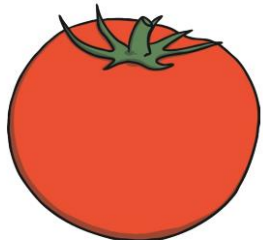
carrot



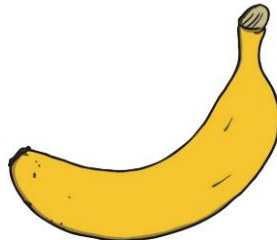
burger



fish and chips



tomato



banana



cupcake



yogurt



butter



soft drink

Go through the next slides and look at healthy
and unhealthy food and lifestyles.

Healthy or Unhealthy

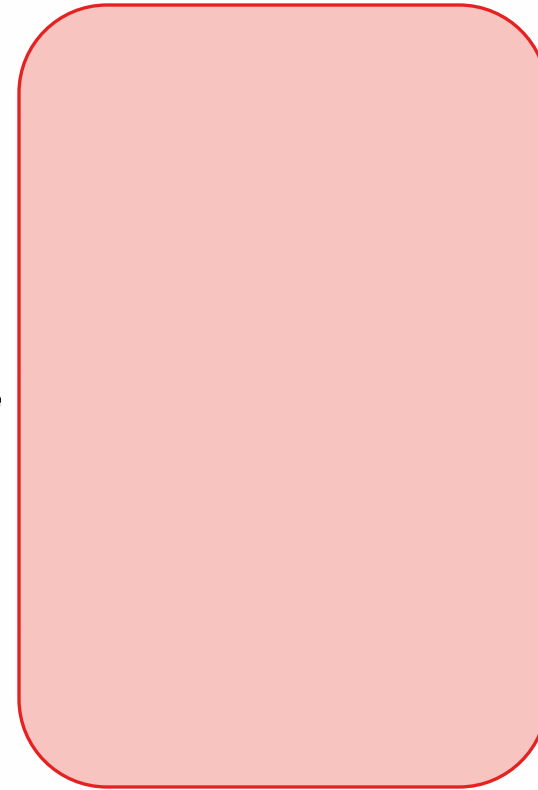


Look at the food below.
Decide whether each piece is healthy or unhealthy, then click on
it to see if you are right.

Healthy

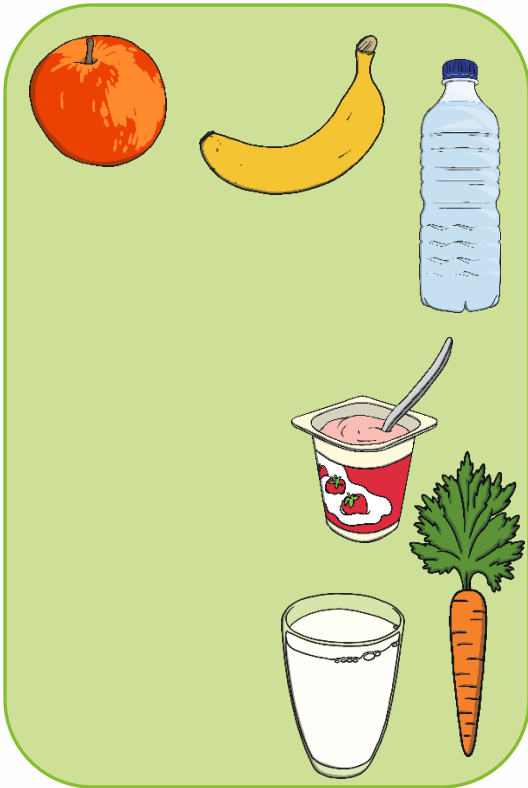


Unhealthy



Look at the food below.
Decide whether each piece is healthy or unhealthy, then
click on it to see if you are right.

Healthy

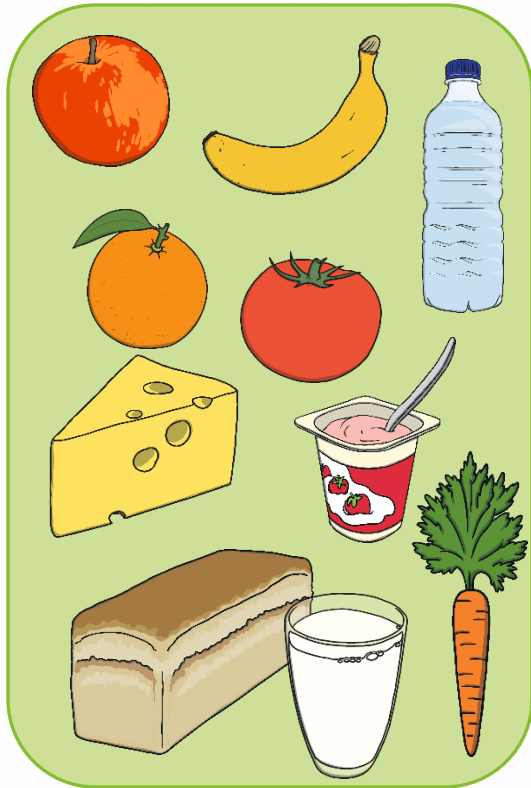


Unhealthy



Well Done!

Healthy

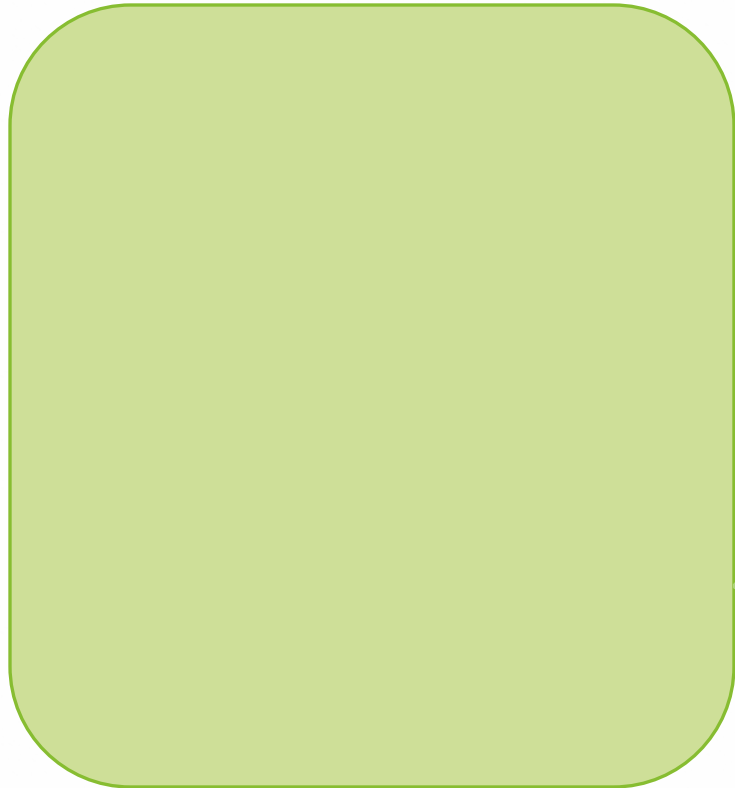


Unhealthy

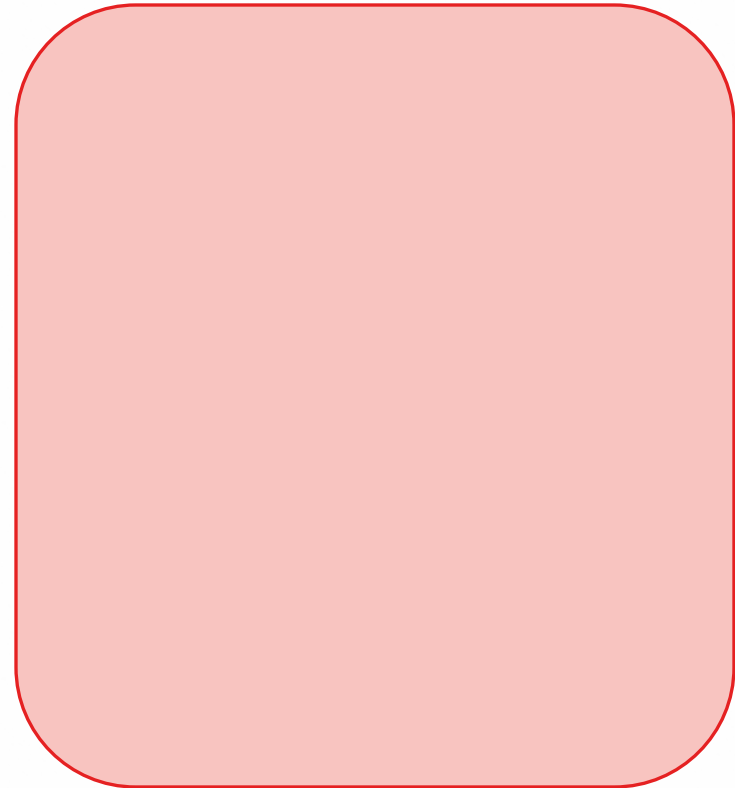


Look at the activities below.
Decide whether each one is healthy or unhealthy,
then click on it to see if you are right.

Healthy

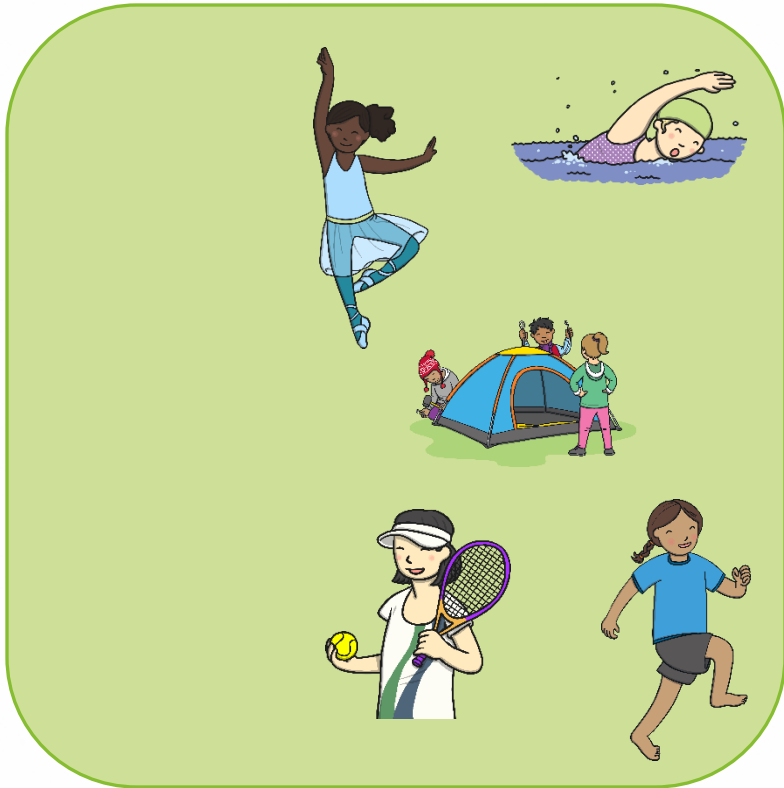


Unhealthy



Well Done!

Healthy



Unhealthy



Remember!

Healthy



If something is unhealthy, it doesn't mean you can't have it anymore! Some unhealthy foods and activities can be fine in moderation.

Unhealthy

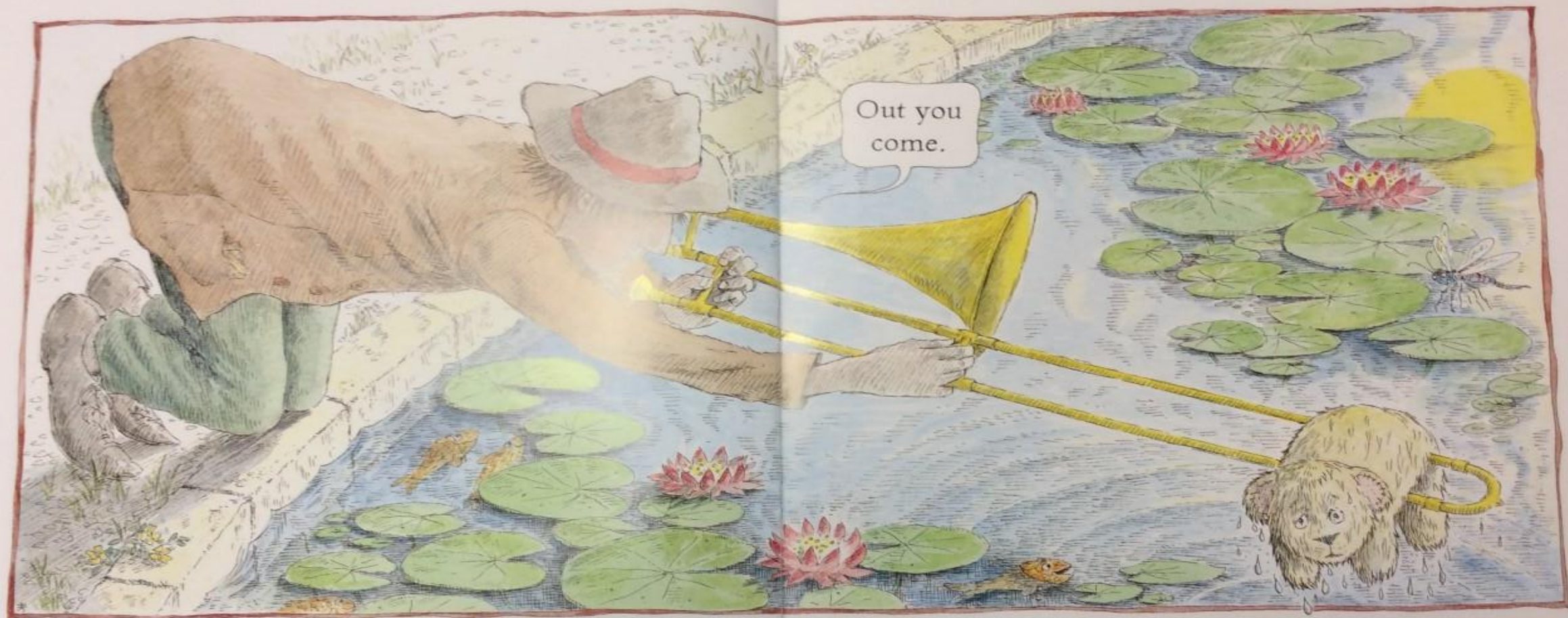


Wednesday

- Read the sight words
-

this on is

- Recap the story from Yesterday. What happened in the book?



This is the man
with the slide trombone

who rescued the bear
and took him home.

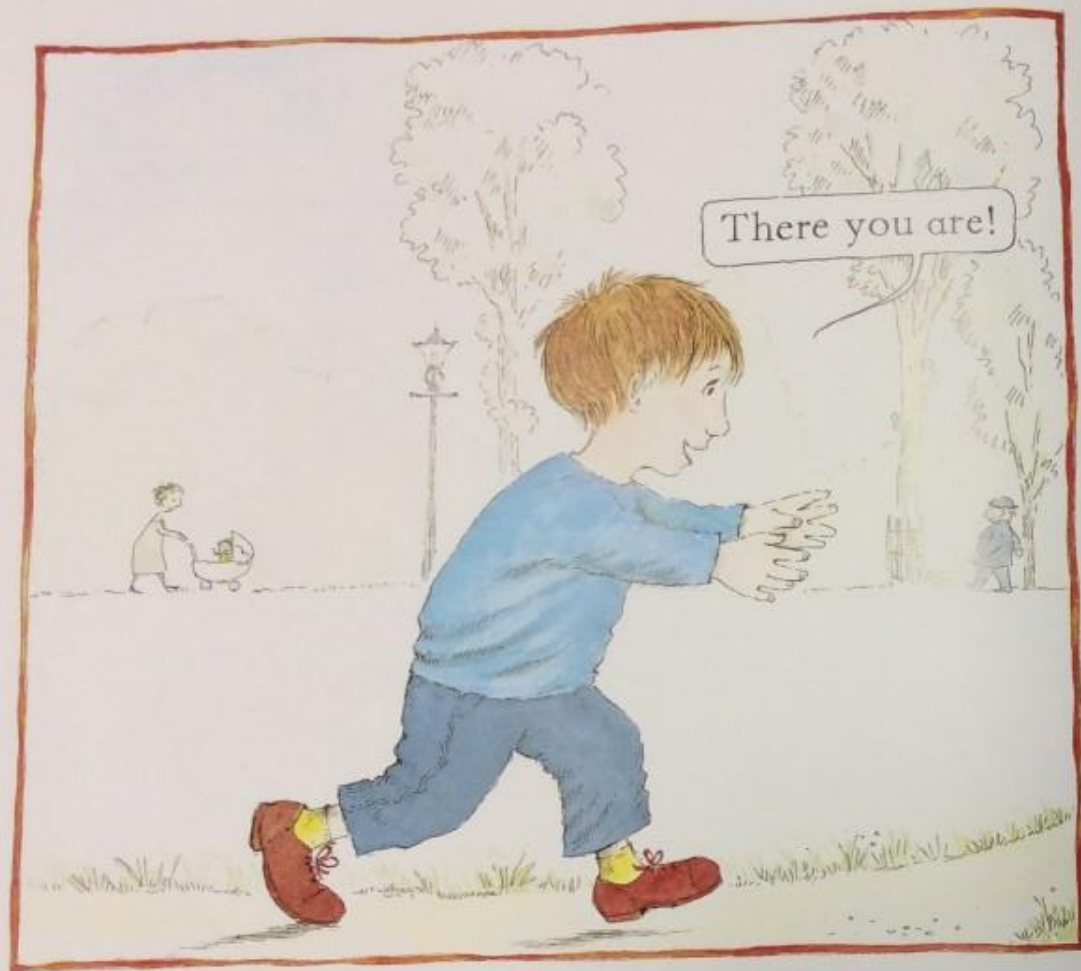
This is the bear
in a warm blue sweater
who made a friend
and felt much better.



I've been out
all night!

That's my sweater.





This is the boy
who remembered his bear



and ran to the park
and found him there.

and how he floated
and how he was saved
and how he was
terribly terribly brave.

And this is the boy
who grinned and said,
“I know a bear
who is ready for bed.”



Questions

- Who made the bear feel better? Find the sentence.
- Why did the bear tell the boy he was terribly brave?

Phonics-Wednesday

Phonics- c

- Follow the video- Start at 2.32 minutes. Stop at 5.50
- <https://www.youtube.com/watch?v=rjHq1EbOtPE>
- Use the video below for the formation of the letter m
https://www.youtube.com/watch?v=61PV_VGqz-c&list=PLxhkRgeJL9AI-DvP374cTqdg7Wk1Kxa9M&index=12
- Resume video at 8.52

Ask your child to use their reading strategy to read the following words.

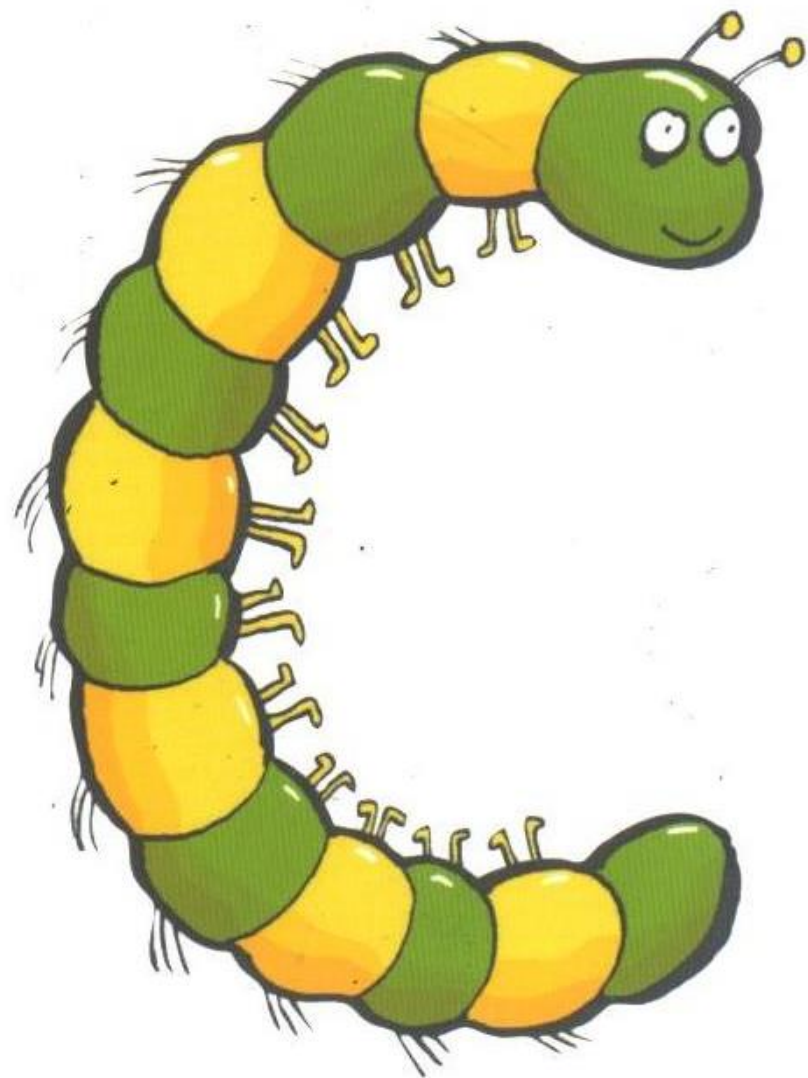
cat

cap

cod

cop

C



Wednesday- Maths

- Follow the video
- <https://classroom.thenational.academy/lessons/understanding-the-concept-of-subtraction-as-take-away-part-2-6nk3et>

PSHE- A problem shared is a problem halved

Follow the video

<https://classroom.thenational.academy/lessons/a-problem-shared-is-a-problem-halved-6nhp6d>

Thursday- Literacy - Writing

- Ask your child :

How can you keep clean? Refer back to the videos watched during the week.

- Ask your child to use their writing strategies to write a sentence. (say the word, robot the word, write the word)

(use the sound mat to help your child write the sentence)

In your remote learning book- Encourage your child to write the sentences below.

I can my (e.g. I can wash my face or I can brush my teeth etc)

Extension : to use a conjunction and

Then draw a picture

Phase 2 Sound Mat

s 	a 	t 	p 	i 	n 	m 	d 
g 	o 	c 	k 	ck 	e 	u 	r 
h 	b 	f 	ff 	l 	ll 	ss 	

Phonics- k

Start the video at 2.47 and stop at 5.59 seconds

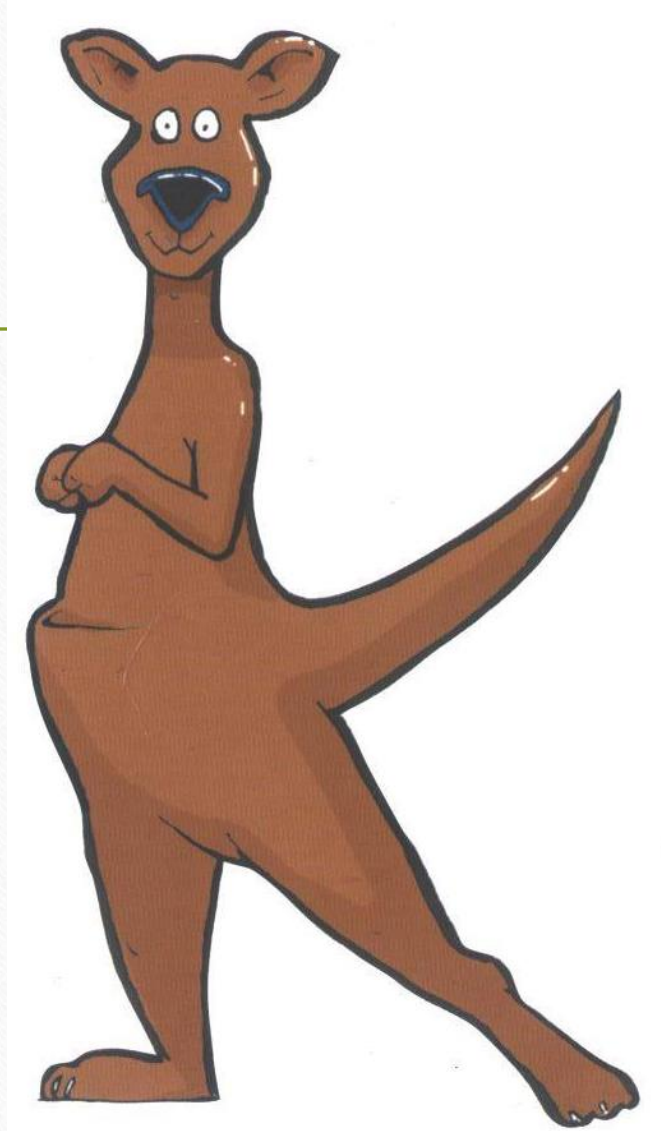
<https://www.youtube.com/watch?v=au8edtdBO3w&list=PLuGr6z2H2KNGLy2Tckcy8Kk8u10mXgcmi&index=41>

Use the link below to form the letter 'k'

<https://www.youtube.com/watch?v=FWWYpklbdg&list=PLxhkRgeJL9AIDvP374cTqdq7Wk1Kxa9M&index=13>

Resume video at 9.21

K



Thursday- Maths

Follow the video

<https://classroom.thenational.academy/lessons/adding-and-subtracting-using-a-number-track-crv6at>

P.E

-
- Warm up – Sticky Kids https://www.youtube.com/watch?v=rV_tR6ij6Y
 - Watch Joe Wicks and complete 2 of his 5 minutes body workout videos
<https://www.youtube.com/watch?v=pnKCGY9ZocA&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=6>
 - Cool down- Sticky Kids <https://www.youtube.com/watch?v=sgXpX6tU3mc>

Fine Motor Skills

- Using playdough, ask your child to follow the moves on “Dough Disco”

<https://www.youtube.com/watch?v=3K-CQrjI0uY>

You will need

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- food colouring
- 1 tbsp vegetable oil

Method

- 1. Mix the flour and salt in a large bowl. In a separate bowl mix together the water, a few drops of food colouring and the oil.
- 2. Pour the coloured water into the flour mix and bring together with a spoon.
- 3. Dust a work surface with a little flour and turn out the dough. Knead together for a few minutes to form a smooth, dough.
- 4. Store in a plastic sandwich bag (squeeze out the air) in the fridge to keep it fresh.

Friday- Literacy

Watch the read along story of the book.

Encourage your child to read along where possible.

<https://www.youtube.com/watch?v=a6LIOU43inA>

Friday- Literacy

Practice handwriting formation of:

s a t p i n m d g o c k

Phonics- Recap of the graphemes **s, a, t, p , i , n, m ,d, g, o, c, k,**

Follow the video:

<https://www.youtube.com/watch?v=IpNybdpGCCc&list=PLuGr6z2H2KNGLy2Tckcy8Kk8u10mXgcmi&index=40>

Maths- Distance

Say a place (e.g. school, town, different city, park, shops, farm, beach, library, playground)

How you would get to this place? Walk, car, bus, plane, train etc

Why would you use this method?

Focus on using the vocabulary near/nearby and far/far away/close, furthest)

Talk about where things are in your house . Is the table near or far? Is the cupboard further away than the table or nearer? How can we find out? Measure in steps how many steps it takes to get to each one.

Which is the nearest/furthest.

Which one was nearer/further away?

Then ask your child

- Can you name an object which is near?
- Can you name an object which is far?
- Can you tell me an object which is further away than the
- Can you name an object which is nearer than

All About Me

Looking after Yourself



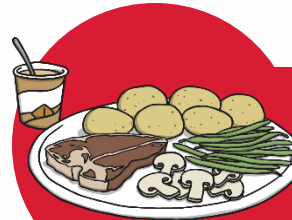
Looking after Yourself

Our bodies are really clever, but we need to look after ourselves to help us stay happy and healthy. There are lots of things we can do to help look after ourselves. We can...

talk to others about
how we are feeling



eat a balanced diet



do some exercise



look after our
hygiene

perso

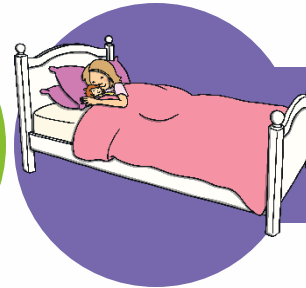


think about what
need to wear

we



ve plenty of rest
and
sleep



End slide

Talking about How We Are Feeling

How do you feel today? Sometimes we feel happy, other times we may feel sad. By talking about how we are feeling, we can celebrate the happy and exciting things and support each other to feel better when we feel unhappy or worried.

You can talk to your family, friends and grown-ups. Other people can help you work out how to solve a problem, or sort out things you are worried about.

It is very important to tell a grown-up if you don't feel well or if you hurt yourself so that they can help you to help better.

It is fun to share things that make you happy too! What makes you happy? Can you tell a friend how you are feeling? Try telling a grown-up too.



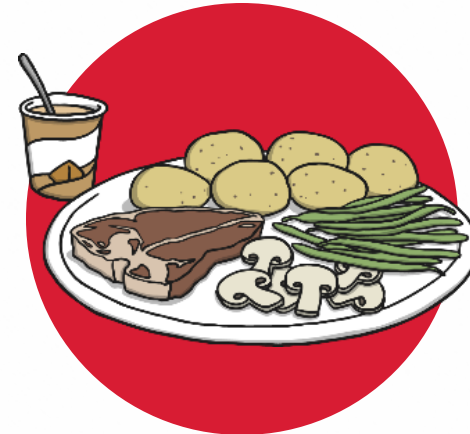
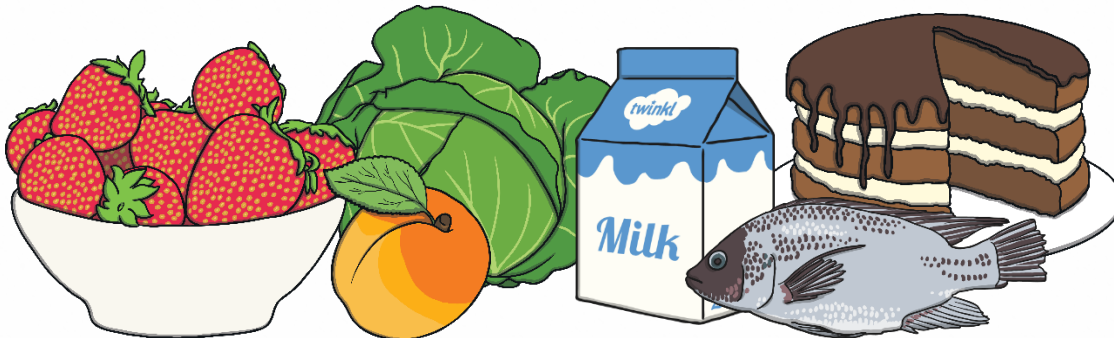
back

Eat a Balanced Diet

Eating a balanced diet means eating lots of different types of foods. We should eat healthy foods, such as fruit and vegetables. We can eat other foods like cakes and chocolate too, but we shouldn't eat too many of these.

It is really important to have lots to drink too. Water is a good option, but you may like to drink milk, fruit juice, squash and hot drinks too.

What are your favourite foods? What do you like to drink?



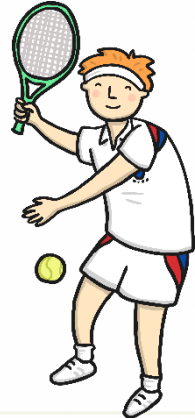
back

Do Some Exercise

Doing exercise helps our bones and muscles to grow strong. Exercise helps us to stay fit and healthy.

There are lots and lots of different types of exercise – you could play a sport, such as football, do some dancing, go for a walk or go swimming. You could play games with your friends that include running or moving in different ways, such as hopping or skipping.

What exercise do you like to do?



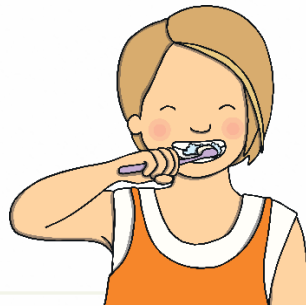
back

Look after Our Personal Hygiene

Looking after our personal hygiene means we need to keep ourselves clean. We need to wash and have baths or showers to keep our bodies clean. We need to wash our hair too.

We need to wash our hands lots of times throughout the day. Washing our hands after going to the toilet and before we have anything to eat and drink is particularly important. Don't worry if your hands get dirty while you are playing, just give them a wash with some soap.

Brushing your teeth is very important to make sure your teeth are clean and healthy.



[back](#)

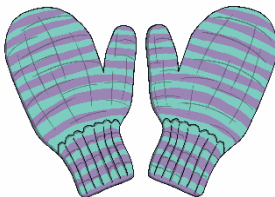
Think about What We Need to Wear

To look after ourselves in different types of weather, we need to wear different types of clothing.

When the weather is hot and sunny, we need to wear clothes that help to keep us cool. We also need to protect ourselves from the sun by wearing sun hats, sunglasses and sun cream.

When the weather is cold, we need to wear clothes that will help keep us warm – especially when we go outside. We need to wear woolly hats, gloves, coats and scarves.

What is your favourite type of weather? What do you need to wear to look after yourself?



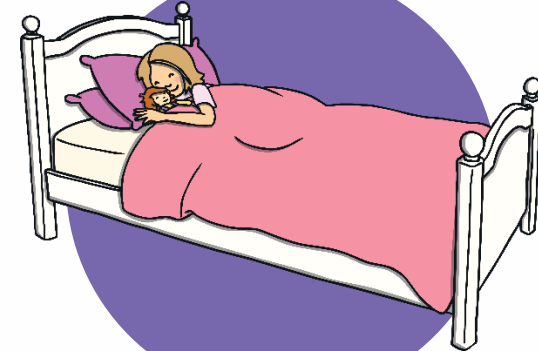
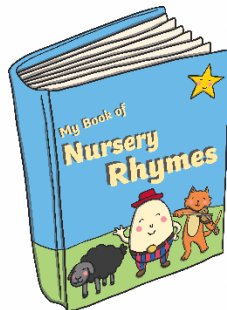
back

Have Plenty of Rest and Sleep

Our bodies will tell us when we need a rest. Sometimes when we are playing, we will need to stop for a rest – especially if we have been running around!

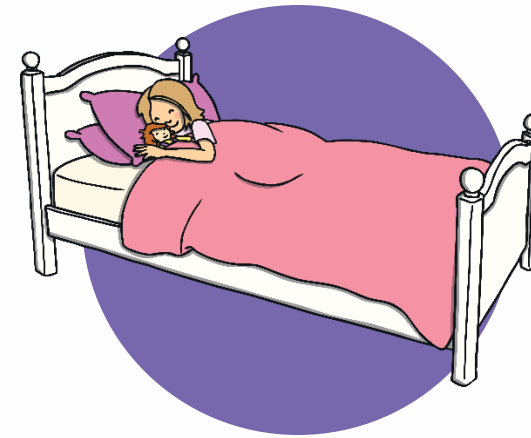
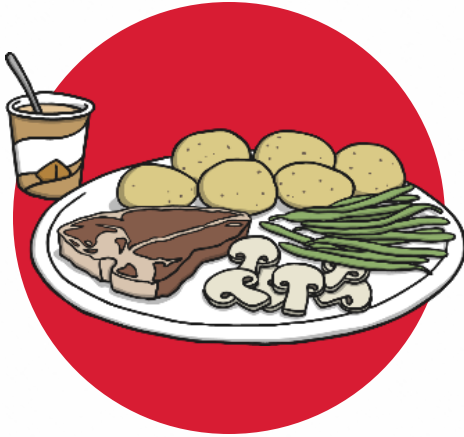
We need to get lots of rest and sleep at night time too. Getting a good night's sleep helps our bodies to grow and makes us feel better. We will feel sleepy if we do not get enough sleep and this means we are not able to learn or play properly.

What do you do before you go to bed? Do you like having a bedtime story?



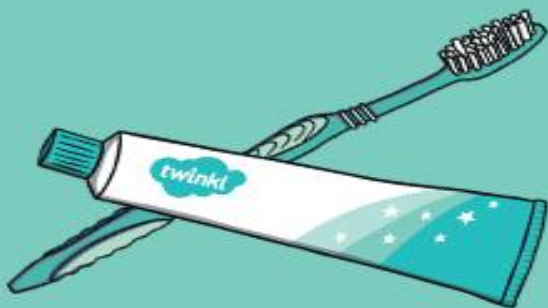
back

Can you remember some of the things you need to do to look after yourself?





All About Healthy Teeth



How Can We Keep Teeth Healthy?

We need to look after our teeth just like we look after the rest of our body.

Do you know how to keep your teeth healthy?



Brush Your Teeth

It is really important to brush your teeth at least twice a day.

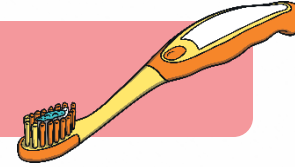
Brushing your teeth gets rid of any food that is around your teeth.

It washes away any sugar that can hurt your teeth.

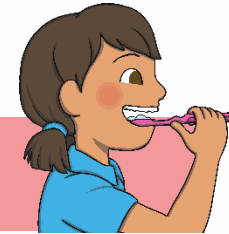


How to Brush Your Teeth

First, put a pea-sized amount of toothpaste on the toothbrush.



Next, brush the front of your teeth.



Then, gently brush the outside of your teeth and the back teeth.



Brush the insides and tops of all your teeth.



Then, gently brush your tongue.



Finally, spit out any toothpaste that is left and you are finished.

Visiting the Dentist

Even if you have been looking after your teeth, you should go to the dentist regularly for a check-up.

This is what a dentist's room might look like.

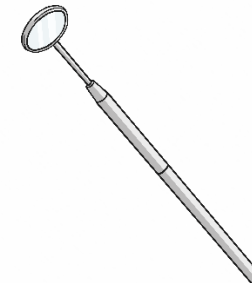


Can you tell a friend about a trip to the dentist?

The dentist will look in your mouth and at your teeth to see if there are any problems.

They might use special tools to help them, like this little mirror.

Then, if there are any problems, the dentist can help to fix them.



Food for Healthy Teeth

Having lots of sugar isn't good for teeth as it can hurt them.
Some foods have lots of sugar in so we shouldn't eat too much of them.

It doesn't mean we can't eat them at all, just not all the time.

Some foods are good for our teeth as they help to make them stronger.



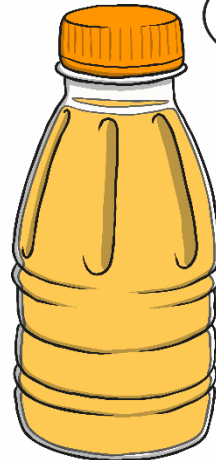
Can you think of some
foods that are good for
your teeth?



Drinks for Healthy Teeth

Some drinks have lots sugar in them too, even fruit juice.
It doesn't mean we can't drink them, just that we shouldn't have
lots of it all the time.

The best drink for teeth is water.
Milk is also good as it helps to make teeth strong.



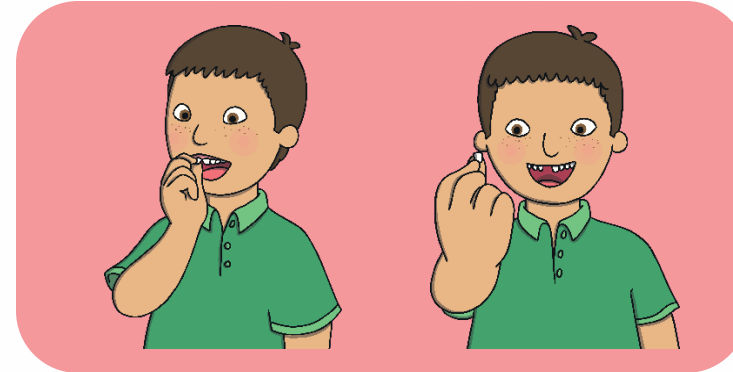
Which of these
drinks can I have
all the time?



Wobbly Teeth

The teeth you have at the moment are called milk or baby teeth. As you start to get older, you need bigger teeth and your milk teeth start to fall out. Don't worry, it doesn't hurt – it is meant to happen and it doesn't mean there is anything wrong with your teeth.

You might notice a tooth start to get a bit wobbly. Then, after a few days, it will fall out. They usually only fall out one at a time.



In some families, children may leave their tooth under their pillow or on their bedside table for a tooth fairy.



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- Don't forget to send us all the learning you have done this week on the Reception email!

- reception@whitehall.Leicester.sch.uk

Thank you to Twinkl and Oak Academy for allowing us to use their resources for this Learning Pack